



# **Essentials Plan**

With AllyHealth you can visit with a doctor 24/7 from your home, office, or on the go, with no co-pays or consultation fees to your and your family! And now with our Essentials Plan, you can connect with Mental Health providers and Dermatologists too! Plus, all of our plans include access to our industry-leading Rx and Medical Bill savings programs — helping you save time, money, and frustration.

# FAST AND CONVENIENT ACCESS TO OUALITY CARE

24 hours a day 7 days a week 365 days a year

### FEATURES AND BENEFITS OF ALLYHEALTH

- No co-pays, deductibles, or per-call charges\*
- Prescriptions called in to your local pharmacy
- Avoid germ-filled waiting rooms
- Fast and easy access, 24/7/365
- Plan covers the entire family
- Flexible and easy to use (available via web, mobile app, or simply by phone)
- Rx savings program offers up to 85% discounts at retail pharmacies
- Medical bill negotiation service can help you save on all your medical bills
- And more



### **ALLYHEALTH ONLINE MEDICAL SERVICES INCLUDE**



#### Telemedicine

Our network of doctors and pediatricians can diagnose, treat and prescribe for you and your family, 24/7 on your schedule. Anytime. Anywhere. With no consult fees!



#### Mental Health

Connect with a licensed therapist, pyschologist, or other behavioral health specialist from home, the office, or on the go via secure video. 100% private and confidential, with free visits included in your plan\*!



#### Dermatology

Fast access to a network of leading, board-certified dermatologists who can diagnose and treat more than 3,000 skin, hair, and nail conditions online. At no cost to you!

### COMMON CONDITIONS WE TREAT

### **Telemedicine**

- Acne
- Infections
- Allergies
- Insect Bites
- Asthma
- Rashes
- Bronchitis
- Diarrhea
- Cellulitis
- Ear Infection
- · Cold & Flu
- Sinus Infection
- Sunburn
- Constipation
- Sore Throat
- Skin Inflammations
- Fever
- Urinary Tract Infection
- Gout
- Joint Aches & Pains
- Headache
- And more

### Mental Health

Postpartum

Depression

Trauma and

Stress

PTSD

· And more

· Relationship and

Marriage Issues

· Women's Issues

- Addictions
- Bipolar Disorders
- Child and
- Adolescent Issues Depression
- Eating Disorders
- Grief and Loss
- Life Changes
- Men's Issues Panic Disorders
- Parenting Issues

## Dermatology

- Acne
- Rashes
- Eczema
- Alopecia
- Suspicious spots and moles
- · Warts and other abnormal bumps
- Inflamed or enlarged hair folicles

- Rosacea
  - Psoriasis
  - Insect hites
  - Cold sores
  - · And more